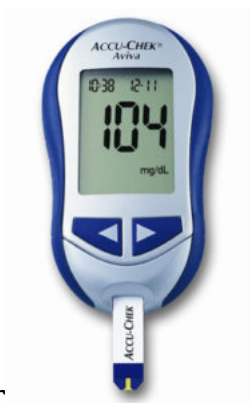


Your diabetes kit should have all of the supplies needed to take care of diabetes when you leave home. It is recommended to have a kit that you carry with you every day and a larger kit for overnight or longer stays.

Your Every Day Kit:



CGM Receiver/Reader



Blood Glucose Meter



Test Strips



Lancing Device



Lancets



Insulin Vial or Pen



Syringes or Pen Needles



Alcohol Wipe



Fast Acting Carb



Glucagon

Additional Items for the Overnight Kit

Replacement CGM supplies



Replacement Pump supplies



Extra Battery for Pump





Ketostix.



Zofran (Ondansetron) for vomiting

You'll need a bag to carry all of these supplies. The good news is, you have many options. Small backpacks can be found at stores like Target or Claires or at online diabetes supply stores like [Myabetic](#), [Sugar Medical](#), [Pump Wear](#) and [Fifty50 Medical \(half of their profits fund diabetes research\)](#). Since this is a bag that your child will take everywhere, choose something that suits their style as there are many fashionable options available.

Updated 5/20/19

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation

in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

Recommended

[Drawing Insulin from a Vial](#)

[Using an Insulin Pen](#)

[Care and Storage of Insulin](#)

[Disposing of Needles Safely](#)

[What is a Pump?](#)

Sources

[Frio Insulin Cooling Case](#)

[Traveling with Diabetes — ADA](#)

[A Packing List for People with Type 1 Diabetes — Travelbetic](#)

[Airport Security and Needles — USA Today](#)

[Diabetes Emergency Kit for Natural Disasters — A Sweet Life](#)
