

Going to Diabetes Camp

Going to camp can be one of the most memorable experiences a child can have. For a child with T1D, you can choose a diabetes camp or a traditional camp. While both can be great experiences, we'll focus here on the benefits of diabetes camp.

Benefits of a Diabetes Camp

Diabetes camp gives children with T1D a chance to experience traditional camp activities while connecting to other children with T1D. A team of health care professionals manage their care while at camp while also teaching them how to make good diabetes management decisions. According to a [recent study by the American Diabetes Association](#), children who attended diabetes camp showed “improvements in self-confidence, diabetes-related stress, knowledge of diabetes management, and overall diabetes management.”

Finding a Camp

When considering a diabetes camp, you have many options:

- [The Florida Diabetes Camp](#) - offers summer camps, weekend camps, sports camps and a teen weekend
- [American Diabetes Association Camp](#) - offers summer camps nationwide
- [Children with Diabetes](#) website has a list of diabetes camp nationwide

Many diabetes camps offer financial assistance such as full or partial scholarships. Check their individual websites for details.

While your child is away at diabetes camp, they will be surrounded by people who are knowledgeable about type 1 diabetes. This is your chance to take a break, too. And meanwhile, your child will be creating lifelong memories.

Updated 1/13/20

Disclaimer: This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Recommended

[Going to Traditional Camp](#)

[Diabetes Camps & Conferences](#)

[Sleepovers](#)

Sources

[The Florida Diabetes Camp](#)

[Diabetes Camps — American Diabetes Association](#)

[List of Camps — Children with Diabetes](#)
