TIME IN RANGE

	GLUCOSE (mg/dL)	TARGET
VERY HIGH	Above 250	No More than 5% of the Day
HIGH	Above 180	No More than 25% of the Day
IN RANGE	70-180	70% of the Day
LOW	Lower than 70	Less than 4% of the Day
VERY LOW	Under 54	Less than 1% of the Day

1. You can reduce your risk of diabetes complications by getting 70% of your glucose values in range.
2. CGM needs to be worn at least 85% of the time to have enough values to see if goals are being met.
3. Improving your time in range by small amounts each week will help you reach the target.

GLUCOSE STATISTICS AND TARGETS

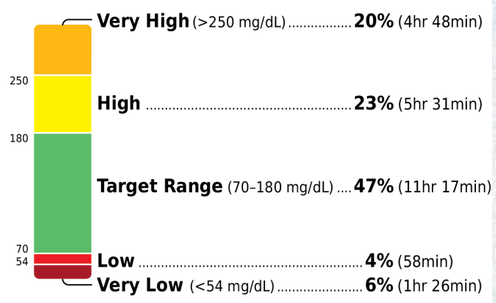
26 Feb 2019 – 10 Mar 2019 **13 days**
% Time CGM is Active **99.9%**

Glucose Ranges	**Targets** [% of Readings (Time/Day)]
Target Range 70-180 mg/dL	Greater than 70% (16hr 48min)
Below 70 mg/dL	Less than 4% (58min)
Below 54 mg/dL	Less than 1% (14min)
Above 250 mg/dL	Less than 5% (1hr 12min)

Each 5% increase in time in range (70-180 mg/dL) is clinically beneficial.

Average Glucose **173 mg/dL**
Glucose Management Indicator (GMI) **7.6%**
Glucose Variability **49.5%**
Defined as percent coefficient of variation (%CV); target ≤36%

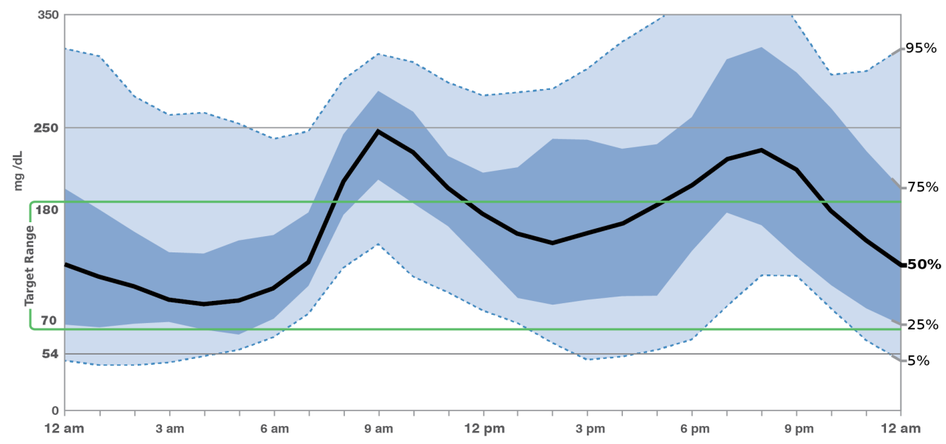
TIME IN RANGES



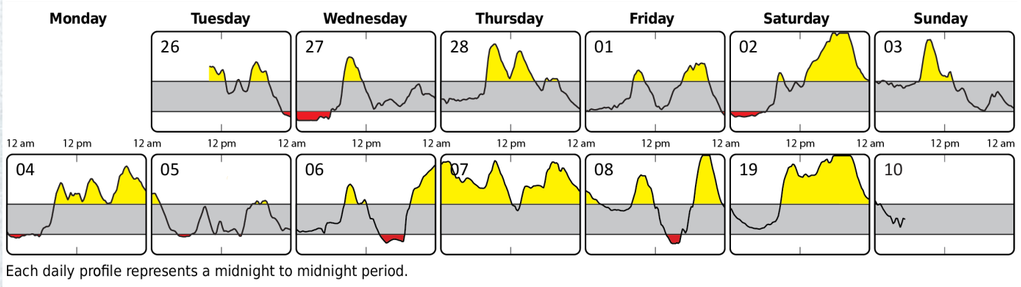
Very High (>250 mg/dL) **20%** (4hr 48min)
High **23%** (5hr 31min)
Target Range (70–180 mg/dL) **47%** (11hr 17min)
Low **4%** (58min)
Very Low (<54 mg/dL) **6%** (1hr 26min)

AMBULATORY GLUCOSE PROFILE (AGP)

AGP is a summary of glucose values from the report period, with median (50%) and other percentiles shown as if occurring in a single day.



DAILY GLUCOSE PROFILES



Each daily profile represents a midnight to midnight period.

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